SEX ADDICTION UNMANAGEABLITY INVENTORY

UNMANAGEABLE INVENTORY PART I		
My Sexual Acts	By Myself:	
	With Others:	
Frequency and Duration		
What I do to set up acting out sessions	How I free up time to act out:	
	The electronic devices I use:	
Where I act out sexually	In my home	
	At my workplace	
	At my workplace	
	When I travel	
How much money have I spent on sex	Dedicated electronic devices, phone, and data plans	

	Dating and hook-up site fees
	Sexual services (massage/sex trade workers)
	Condoms & Sex Toys
	Abortions & Other Medical Services
	Legal Fees & Fines
	Travel
	Hotels
	Meals
	Gifts
	Lost Salary/Productivity
	TOTAL AMOUNT:
How I access and hide money:	Accounts I take money out of
	How I cover the paper trail
How I ensure secrecy and cover my tracks:	On electronic devices and the Internet
	From family
	From friends

	At work
	Hide identity from acting out partners
OTHER:	